

OVERCOMING MISTAKES FASTER

MY RESET WORD IS:

MY HAND SIGNAL IS:

THE KNOT THAT TIES IT TOGETHER IS A:

DEEP _____

The Mistake Ritual Works if YOU WORK IT!

Commit to doing this every single day.

Anytime you:

Mess up, make an error, get distracted, lose focus,
have fears or doubts

DO YOUR MISTAKE RITUAL!